Argus Environmental Consultants, LLC

TEXAS DEPARTMENT OF STATE HEALTH SERVICES
ASBESTOS ABATEMENT DESIGN SPECIFICATION

AUDIE MURPHY VETERAN'S HOSPITAL

MECHANICAL ROOM

7400 MERTON MINTER

SAN ANTONIO, TEXAS

PREPARED FOR:

MR. JERRY SHOEMAKER
R.H. SHACKLEFORD, INC.
1100 NW LOOP 410, STE. 350
SAN ANTONIO, TEXAS 78213

PHONE: (361) 675-0964
FAX: N/A

PREPARED BY:

ARGUS ENVIRONMENTAL
10004 WURZBACH, #247
SAN ANTONIO, TEXAS 78230

PHONE: (210) 493-2560
FAX: (210) 342-9027

ARGUS PROJECT NO: 1211318ARG

WRITTEN BY:

ROBERT W. MILLER, CIH
TX DSHS ASBESTOS CONSULTANT LICENSE #105237 (Exp. 8-19-2013)

CEICC CIEC

DATE OF ISSUE: DECEMBER 13, 2012

Indoor Air Quality

Mold

Asbestos

Lead

Industrial Hygiene

Clandestine Drug Assessment & Remediation

OSHA Compliance

Occupational & Environmental Health & Safety

Training

Expert Testimony

Pre-Purchase Inspections

Environmental Site Assessments- Phase I, II & III

Environmental Impact Assessments

Wetlands Delineation

Property Transaction Due Diligence Screening

Forensics

Thermal Imaging
Water Intrusion
Failure Analysis

HUB
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Small Women Owned Business

SECTION 02 82 11
TRADITIONAL ASBESTOS ABATEMENT WITH INSERTS SPECIFIC FOR GLOVEBAG ABATEMENT INCLUDING THIS ABATEMENT SPECIFICATION

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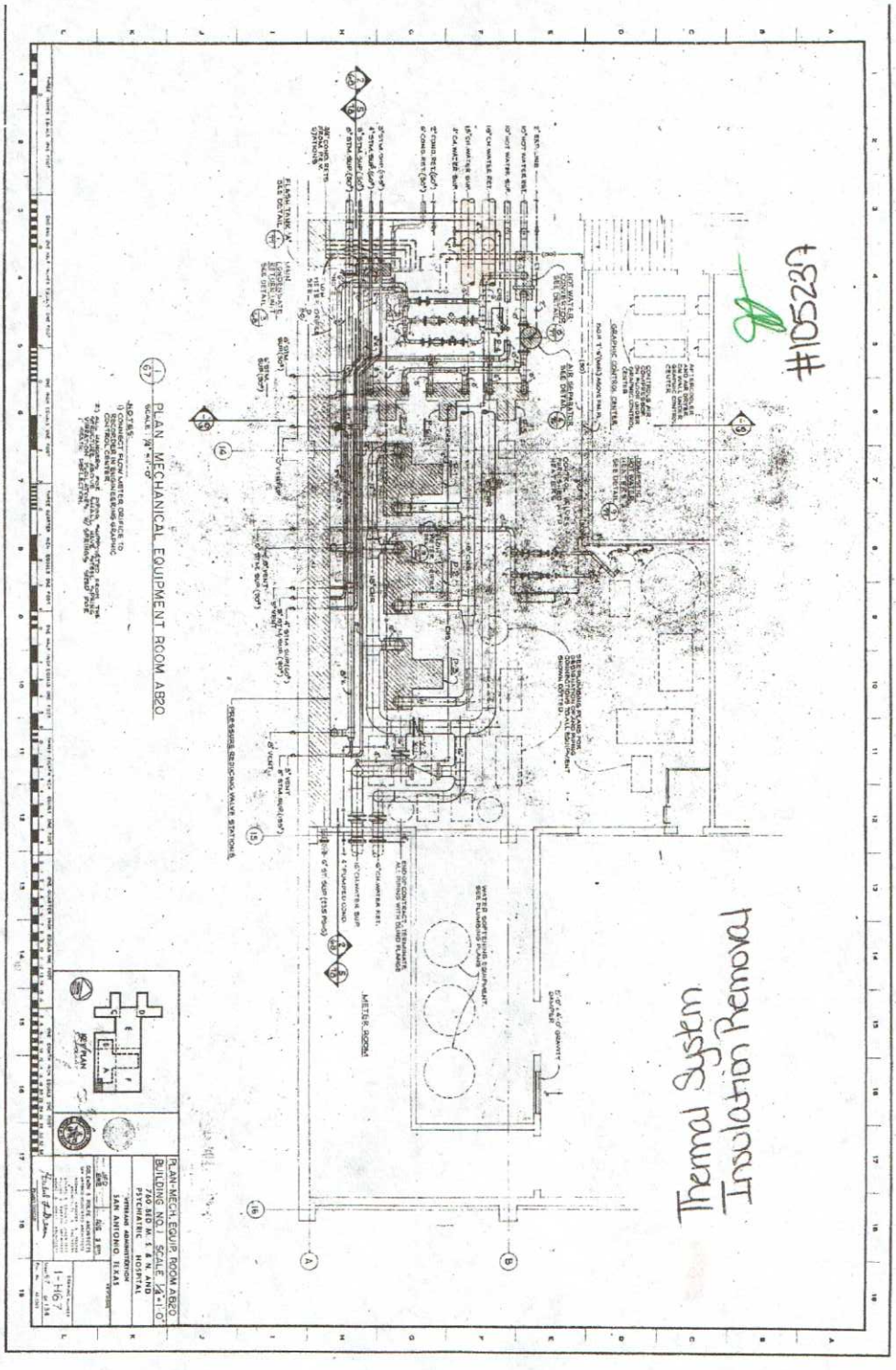
#105237
Thermal System Insulation Removal
PLAN - MECHANICAL EQUIPMENT ROOM A820
METER ROOM

PART 1 - GENERAL

1.1 SUMMARY OF THE WORK

1.1.1 CONTRACT DOCUMENTS AND RELATED REQUIREMENTS

Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work and the phasing of the work. In the event the Asbestos Abatement Contractor discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Asbestos Abatement Contractor. All costs incurred due to such action are also the responsibility of the Asbestos Abatement Contractor.

1.1.2 EXTENT OF WORK

This project consists of the removal of certain asbestos containing building materials (ACBM) and systems on certain surfaces and building components. Specific details for the construction of containments and removal activities will be located in PART 3 - EXECUTION. This Abatement Design Specification covers the specific activities to be conducted throughout the Audie Murphy VA Hospital Mechanical Room.

Initial survey information was taken from the Audie Murphy VA Hospital's Asbestos O&M Plan.

Supplemental sampling was completed in the Mechanical Room.

Project Start Date: To Be Determined

Project Stop Date: To Be Determined

Work Hours: To Be Determined

Mechanical Room

1. Blue thermal system insulation mastic
2. 2% Chrysotile
3. ACBM was damaged non-friable

Mechanical Room

1. Light blue thermal system insulation mastic
2. 2% Chrysotile
3. ACBM was damaged and non-friable

1.1.3 RELATED WORK

A. Section 07 84 00, FIRESTOPPING.
B. Section 02 41 00, DEMOLITION.
C. Division 09, FINISHES
D. Division 22, PLUMBING.
E. Section 21 05 11, COMMON WORK RESULTS FOR FIRE SUPPRESSION / Section 22 05 11, COMMON WORK RESULTS FOR PLUMBING / Section 23 05 11, COMMON WORK RESULTS FOR HVAC AND STEAM GENERATION.
F. Section 21 05 11, COMMON WORK RESULTS FOR FIRE SUPPRESSION / Section 22 05 11, COMMON WORK RESULTS FOR PLUMBING / Section 23 05 11, COMMON WORK RESULTS FOR HVAC AND STEAM GENERATION
G. Section 23 07 11, HVAC, PLUMBING, AND BOILER PLANT INSULATION.
H. Section 22 05 19, METERS AND GAGES FOR PLUMBING PIPING / Section 22 05 23, GENERAL-DUTY VALVES FOR PLUMBING PIPING / Section 22 05 33, HEAT TRACING FOR PLUMBING PIPING / Section 22 11 00, FACILITY WATER DISTRIBUTION / Section 22 13 00, FACILITY SANITARY SEWERAGE / Section 22 13 23, SANITARY WASTE INTERCEPTORS / Section 22 14 00, FACILITY STORM DRAINAGE / Section 22 66 00, CHEMICAL-WASTE SYSTEMS FOR LABORATORY AND HEALTHCARE FACILITIES / Section 23 11 23, FACILITY NATURAL-GAS PIPING.
I. Section 23 21 13, HYDRONIC PIPING / Section 23 22 13, STEAM AND CONDENSATE HEATING PIPING.
J. Section 23 31 00, HVAC DUCTS AND CASINGS / Section 23 37 00, AIR OUTLETS AND INLETS.

1.1.4 TASKS

Provide a copy of the mandated Asbestos Abatement Notification Form based on this Scope of Work and Design Specification to R.H. Shackelford and the VA Hospital at the time it is submitted.

A. Delineation of Containments:

1. The following areas shall be placed under Full Containment and/or Glovebag: Mechanical Room.

B. Personal Protective Equipment (PPE) Requirements:

1. Full personal protective equipment should be worn in all Full Containment areas as outlined in Section 1.7 of this specification.
2. The Abatement Contractor shall ensure that OSHA appropriate PPE is worn by all workers at all times while working within the containment area prior to clearance.
3. Refer to Section 1.7 for further PPE guidance.
4. Contractor assumes all responsibility for PPE compliance & OSHA sampling.

C. Specific setup procedure:

1. Build containment area and decontamination chamber pursuant to Section 3.1 of this Specification.

2. Begin abatement of designated thermal system insulation mastic.

D. Abatement Activities: Mechanical Room

1. Remove ~300 linear feet of thermal system insulation mastic as marked on the enclosed floor plan and pursuant to Sections 3.2, 3.3, 3.4 & 3.5 of this specification.

1.1.5 CONTRACTORS USE OF PREMISES

A. The Contractor and Contractor's personnel shall cooperate fully with the VA representative/consultant to facilitate efficient use of buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan and in compliance with any/all applicable Federal, State and Local regulations and requirements.

B. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved VA Design and Construction Procedures. VA Design and Construction Procedures drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA representative through the pre-abatement plan of action. The following limitations of use shall apply to existing facilities shown on drawings:

1.2 VARIATIONS IN QUANTITY

The quantities and locations of ACM as indicated on the drawings and the extent of work included in this section are estimated which are limited by the physical constraints imposed by occupancy of the buildings and accessibility to ACM. Accordingly, minor variations (+/- 5%) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the contractor shall provide unit prices for newly discovered ACM and those prices shall be used for additional work required under the contractor.

1.3 STOP ASBESTOS REMOVAL

If the Contracting Officer; their field representative; (the facility Safety Officer/Manager or their designee, or the VA Professional Industrial Hygienist/Certified Industrial Hygienist (VPIH/CIH) presents a verbal **Stop Asbestos Removal Order,** the Contractor/Personnel shall immediately stop all asbestos removal and maintain HEPA filtered negative pressure air flow in the containment and adequately wet any exposed ACM. If a verbal Stop Asbestos Removal Order is issued, the VA

shall follow-up with a written order to the Contractor as soon as it is practicable. The Contractor shall not resume any asbestos removal activity until authorized to do so in writing by the VA Contracting Officer. A stop asbestos removal order may be issued at any time the VA Contracting Officer determines abatement conditions/activities are not within VA specification, regulatory requirements or that an imminent hazard exists to human health or the environment. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the VPIH/CIH time. The occurrence of any of the following events shall be reported immediately by the Contractor's competent person to the VA Contracting Office or field representative using the most expeditious means (e.g., verbal or telephonic), followed up with written notification to the Contracting Officer as soon as practical. The Contractor shall immediately stop asbestos removal/disturbance activities and initiate fiber reduction activities:

A. Airborne PCM analysis results equal to or greater than 0.01 f/cc outside a regulated area or >0.05 f/cc inside a regulated area;
B. breach or break in regulated area containment barrier(s);
C. less than -0.02" WCG pressure in the regulated area;
D. serious injury/death at the site;
E. fire/safety emergency at the site;
F. respiratory protection system failure;
G. power failure or loss of wetting agent; or
H. any visible emissions observed outside the regulated area.

1.4 DEFINITIONS

1.4.1 GENERAL

Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

1.4.2 GLOSSARY

Abatement - Procedures to control fiber release from asbestos-containing materials. Includes removal, encapsulation, enclosure, demolition, and renovation activities related to asbestos containing materials (ACM).

Aerosol - Solid or liquid particulate suspended in air.
Adequately wet - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.
Aggressive method - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.
Aggressive sampling - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to aggressively disturb and maintain in the air residual fibers after abatement.
AHERA - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.
Aircell - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

Air monitoring - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 2 is used to determine the fiber levels in air. For personal samples and clearance air testing using Phase Contrast Microscopy (PCM) analysis. NIOSH Method 7402 can be used when it is necessary to confirm fibers counted by PCM as being asbestos. The AHERA TEM analysis may be used for background, area samples and clearance samples when required by this specification, or at the discretion of the VPIH/CIH as appropriate.

Air sample filter - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester membrane for PCM (Phase Contrast Microscopy) and polycarbonate for TEM (Transmission Electron Microscopy)

Amended water - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

Asbestos - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

Asbestos Hazard Abatement Plan (AHAP) - Asbestos work procedures required to be submitted by the contractor before work begins.

Asbestos-containing material (ACM) - Any material containing more than one percent of asbestos.

Asbestos contaminated elements (ACE) - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

Asbestos-contaminated soil (ACS) - Soil found in the work area or in adjacent areas such as crawlspaces or pipe tunnels which is contaminated with asbestos-containing material debris and cannot be easily separated from the material.

Asbestos-containing waste (ACW) material - Asbestos-containing material or asbestos contaminated objects requiring disposal.

Asbestos Project Monitor - Some sates require that any person conducting asbestos abatement clearance inspections and clearance air sampling be licensed as an asbestos project monitor.

Asbestos waste decontamination facility - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

Authorized person - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.

Authorized visitor - Any person approved by the VA; the contractor; or any government agency representative having jurisdiction over the regulated area (e.g., OSHA, Federal and State EPA.

Barrier - Any surface the isolates the regulated area and inhibits fiber migration from the regulated area.

Containment Barrier - An airtight barrier consisting of walls, floors, and/or ceilings of sealed plastic sheeting which surrounds and seals the outer perimeter of the regulated area.

Critical Barrier - The barrier responsible for isolating the regulated area from adjacent spaces, typically constructed of plastic sheeting secured in place at openings such as doors, windows, or any other opening into the regulated area.

Primary Barrier - Plastic barriers placed over critical barriers and exposed directly to abatement work.

Secondary Barrier - Any additional plastic barriers used to isolate and provide protection from debris during abatement work.

Breathing zone - The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.
Bridging encapsulant - An encapsulant that forms a layer on the surface of the ACM.
Building/facility owner - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.
Bulk testing - The collection and analysis of suspect asbestos containing materials.
Certified Industrial Hygienist (CIH) - A person certified in the comprehensive practice of industrial hygiene by the American Board of Industrial Hygiene.
Class I asbestos work - Activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).
Class II asbestos work - Activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.
Clean room/Changing room - An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.
Clearance sample - The final air sample taken after all asbestos work has been done and visually inspected. Performed by the VA's professional industrial hygiene consultant/Certified Industrial Hygienist (VPIH/CIH).
Closely resemble - The major workplace conditions which have contributed to the levels of historic asbestos exposure, are no more protective than conditions of the current workplace.
Competent person - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29 CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.
Contractor's Professional Industrial Hygienist (CPIH/CIH) - The asbestos abatement contractor's industrial hygienist. The industrial hygienist must meet the qualification requirements of a PIH and may be a certified industrial hygienist (CIH).
Count - Refers to the fiber count or the average number of fibers greater than five microns in length with a length-to-width (aspect) ratio of at least 3 to 1, per cubic centimeter of air.
Crawlspace - An area which can be found either in or adjacent to the work area. This area has limited access and egress and may contain asbestos materials and/or asbestos contaminated soil.
Decontamination area/unit - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.
Demolition - The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

VA Total - means a building or substantial part of the building is completely removed, torn or knocked down, bulldozed, flattened, or razed, including removal of building debris.
Disposal bag - Typically 6 mil thick sift-proof, dustproof, leak-tight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.
Disturbance - Activities that disrupt the matrix of ACM or PACM, crumble or pulverize ACM or PACM, or generate visible debris from ACM or PACM. Disturbance includes cutting away small amounts of ACM or PACM, no greater than the amount that can be contained in one standard sized glove bag or waste bag in order to access a building component. In no event shall the amount of ACM or PACM so disturbed exceed that which can be contained in one glove bag or disposal bag which shall not exceed 60 inches in length or width.
Drum - A rigid, impermeable container made of cardboard fiber, plastic, or metal which can be sealed in order to be sift-proof, dustproof, and leak-tight.
Employee exposure - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.
Encapsulant - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.
Encapsulation - Treating ACM with an encapsulant.
Enclosure - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.
Equipment room - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.
Fiber - A particulate form of asbestos, 5 microns or longer, with a length to width (aspect) ratio of at least 3 to 1.
Fibers per cubic centimeter (f/cc) - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.
Filter - Media used in respirators, vacuums, or other machines to remove particulate from air.
Firestopping - Material used to close the open parts of a structure in order to prevent a fire from spreading.
Friable asbestos containing material - Any material containing more than one (1) percent or asbestos as determined using the method specified in appendix A, Subpart F, 40 CFR 763, section 1, Polarized Light Microscopy, that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.
Glovebag - Not more than a 60 x 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which materials and tools may be handled.
High efficiency particulate air (HEPA) filter - An ASHRAE MERV 17 filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 micrometers in diameter.
HEPA vacuum - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.
Homogeneous area - An area of surfacing, thermal system insulation or miscellaneous ACM that is uniform in color, texture and date of application.
HVAC - Heating, Ventilation and Air Conditioning
Industrial hygienist (IH) - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop

controls for occupational health hazards. Meets definition requirements of the American Industrial Hygiene Association (AIHA).

Industrial hygienist technician (IH Technician) - A person working under the direction of an IH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned. Some states require that an industrial hygienist technician conducting asbestos abatement clearance inspection and clearance air sampling be licensed as an asbestos project monitor.

Intact - The ACM has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix.

Lockdown - Applying encapsulant, after a final visual inspection, on all abated surfaces at the conclusion of ACM removal prior to removal of critical barriers.

National Emission Standards for Hazardous Air Pollutants (NESHAP) - EPA's rule to control emissions of asbestos to the environment (40 CFR part 61, Subpart M).

Negative initial exposure assessment - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), that employee exposure during an operation is expected to be consistently below the PEL.

Negative pressure - Air pressure which is lower than the surrounding area, created by exhausting air from a sealed regulated area through HEPA equipped filtration units. OSHA requires maintaining -0.02" water column gauge inside the negative pressure enclosure.

Negative pressure respirator - A respirator in which the air pressure inside the facepiece is negative during inhalation relative to the air pressure outside the respirator facepiece.

Non-friable ACM - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

Organic vapor cartridge - The type of cartridge used on air purifying respirators to remove organic vapor hazardous air contaminants.

Outside air - The air outside buildings and structures, including, but not limited to, the air under a bridge or in an open ferry dock.

Owner/operator - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

Penetrating encapsulant - Encapsulant that is absorbed into the ACM matrix without leaving a surface layer.

Personal sampling/monitoring - Representative air samples obtained in the breathing zone for one or workers within the regulated area using a filter cassette and a calibrated air sampling pump to determine asbestos exposure.

Permissible exposure limit (PEL) - The level of exposure OSHA allows for an 8 hour time weighted average. For asbestos fibers, the eight (8) hour time weighted average PEL is 0.1 fibers per cubic centimeter (0.1 f/cc) of air and the 30-minute Excursion Limit is 1.0 fibers per cubic centimeter (1 f/cc).

Personal protective equipment (PPE) - equipment designed to protect user from injury and/or specific job hazard. Such equipment may include protective clothing, hard hats, safety glasses, and respirators.

Pipe tunnel - An area, typically located adjacent to mechanical spaces or boiler rooms in which the pipes servicing the heating system in the building are routed to allow the pipes to access heating elements.

These areas may contain asbestos pipe insulation, asbestos fittings, or asbestos-contaminated soil.

Polarized light microscopy (PLM) - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type(s) of asbestos present in a bulk sample.

Polyethylene sheeting - Strong plastic barrier material 4 to 6 mils thick, semi-transparent, flame retardant per NFPA 241.

Positive/negative fit check - A method of verifying the seal of a facepiece respirator by temporarily occluding the filters and breathing in (inhaling) and then temporarily occluding the exhalation valve and breathing out (exhaling) while checking for inward or outward leakage of the respirator respectively.

Presumed ACM (PACM) - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (b).

Professional IH - An IH who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed two specialized EPA approved courses on management and supervision of asbestos abatement projects; has formal training in respiratory protection and waste disposal; and has a minimum of four projects of similar complexity with this project of which at least three projects serving as the supervisory IH. The PIH may be either the VA's PIH (VPIH) or Contractor's PIH (CPIH/CIH).

Project designer - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Appendix C, Part I; (B)(5).

Assigned protection factor - A value assigned by OSHA/NIOSH to indicate the expected protection provided by each respirator class, when the respirator is properly selected and worn correctly. The number indicates the reduction of exposure level from outside to inside the respirator facepiece.

Qualitative fit test (QLFT) - A fit test using a challenge material that can be sensed by the wearer if leakage in the respirator occurs.

Quantitative fit test (QNFT) - A fit test using a challenge material which is quantified outside and inside the respirator thus allowing the determination of the actual fit factor.

Regulated area - An area established by the employer to demarcate where Class I, II, III asbestos work is conducted, and any adjoining area where debris and waste from such asbestos work may accumulate; and a work area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed the PEL.

Regulated ACM (RACM) - Friable ACM; Category I non-friable ACM that has become friable; Category I non-friable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II non-friable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

Removal - All operations where ACM, PACM and/or RACM is taken out or stripped from structures or substrates, including demolition operations.

Renovation - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

Repair - Overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates, including encapsulation or other repair of ACM or PACM attached to structures or substrates.
Shower room - The portion of the PDF where personnel shower before leaving the regulated area.
Supplied air respirator (SAR) - A respiratory protection system that supplies minimum Grade D respirable air per ANSI/Compressed Gas Association Commodity Specification for Air, G-7.1-1989.
Surfacing ACM - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, fireproofing and other purposes.
Surfactant - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.
Thermal system ACM - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.
Transmission electron microscopy (TEM) - A microscopy method that can identify and count asbestos fibers.
VA Professional Industrial Hygienist (VPIH/CIH) - The Department of Veterans Affairs Professional Industrial Hygienist must meet the qualifications of a PIH, and may be a Certified Industrial Hygienist (CIH).
VA Representative - The VA official responsible for on-going project work.
Visible emissions - Any emissions, which are visually detectable without the aid of instruments, coming from ACM/PACM/RACM/ACS or ACM waste material.
Waste/Equipment decontamination facility (W/EDF) - The area in which equipment is decontaminated before removal from the regulated area.
Waste generator - Any owner or operator whose act or process produces asbestos-containing waste material.
Waste shipment record - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.
Wet cleaning - The process of thoroughly eliminating, by wet methods, any asbestos contamination from surfaces or objects.

1.4.3 REFERENCED STANDARDS ORGANIZATIONS

The following acronyms or abbreviations as referenced in contract/specification documents are defined to mean the associated names. Names and addresses may be subject to change.

A. VA Department of Veterans Affairs
810 Vermont Avenue, NW
Washington, DC 20420

B. AIHA American Industrial Hygiene Association
2700 Prosperity Avenue, Suite 250
Fairfax, VA 22031
703-849-8888

C. ANSI American National Standards Institute
1430 Broadway
New York, NY 10018
212-354-3300

D. ASTM American Society for Testing and Materials
1916 Race St.
Philadelphia, PA 19103
215-299-5400

E. CFR Code of Federal Regulations
Government Printing Office
Washington, DC 20420

F. CGA Compressed Gas Association
1235 Jefferson Davis Highway
Arlington, VA 22202
703-979-0900

G. CS Commercial Standard of the National Institute of Standards and Technology (NIST)
U. S. Department of Commerce
Government Printing Office
Washington, DC 20420

H. EPA Environmental Protection Agency
401 M St., SW
Washington, DC 20460
202-382-3949

I. MIL-STD Military Standards/Standardization Division
Office of the Assistant Secretary of Defense
Washington, DC 20420

J. NIST National Institute for Standards and Technology
U. S. Department of Commerce
Gaithersburg, MD 20234
301-921-1000

K. NEC National Electrical Code (by NFPA)

L. NEMA National Electrical Manufacturer's Association
2101 L Street, N.W.
Washington, DC 20037

M. NFPA National Fire Protection Association
1 Batterymarch Park
P.O. Box 9101
Quincy, MA 02269-9101
800-344-3555

N. NIOSH National Institutes for Occupational Safety and Health
4676 Columbia Parkway
Cincinnati, OH 45226
513-533-8236

O. OSHA Occupational Safety and Health Administration
U.S. Department of Labor
Government Printing Office
Washington, DC 20402

P. UL Underwriters Laboratory
333 Pfingsten Rd.
Northbrook, IL 60062
312-272-8800

1.5 APPLICABLE CODES AND REGULATIONS

1.5.1 GENERAL APPLICABILITY OF CODES, REGULATIONS, AND STANDARDS

A. All work under this contract shall be done in strict accordance with all applicable Federal, State, and local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.
B. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specifications exists, the most stringent requirement(s) shall be utilized.
C. Contractor shall have copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5 shall be available at the worksite in the clean change area of the worker decontamination system.

1.5.2 ASBESTOS ABATEMENT CONTRACTOR RESPONSIBILITY

The Asbestos Abatement Contractor (Contractor) shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the asbestos abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment (PPE) including respiratory protection including respirator fit testing, as required by applicable Federal, State and Local regulations. The Contractor shall hold the VA and VPIH/CIH consultants harmless for any Contractor's failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental requirement on the part of himself, his employees, or his subcontractors. The Contractor will incur all costs of the CPIH/CIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State requirements related to failure to comply with the regulations applicable to the work.

1.5.3 FEDERAL REQUIREMENTS

Federal requirements which govern of asbestos abatement include, but are not limited to, the following regulations.

A. Occupational Safety and Health Administration **(OSHA)**
1. Title 29 CFR 1926.1101 - Construction Standard for Asbestos
2. Title 29 CFR 1910 Subpart I - Personal Protective Equipment
3. Title 29 CFR 1910.134 - Respiratory Protection
4. Title 29 CFR 1926 - Construction Industry Standards
5. Title 29 CFR 1910.1020 - Access to Employee Exposure and Medical Records
6. Title 29 CFR 1910.1200 - Hazard Communication
7. Title 29 CFR 1910 Subpart K - Medical and First Aid

B. Environmental Protection Agency **(EPA):**
1. 40 CFR 61 Subpart A and M (Revised Subpart B) - National Emission Standard for Hazardous Air Pollutants - Asbestos.
2. 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA)

C. Department of Transportation **(DOT)**
Title 49 CFR 100 - 185 - Transportation

1.5.4 STATE REQUIREMENTS

State requirements that apply to the asbestos abatement work, disposal, clearance, etc., include, but are not limited to, the following:

- Three stage decontamination system to include a clean room, shower, equipment room, each separated from the other and from the containment area by airlocks accessible through doorways.
- Base Line Samples - There shall be a minimum of 3 samples taken of each work area prior to the disturbance of ACM. There is to be a minimum 1250 liters per sample and these samples are to be archived for 60 days. When there are multiple work areas, the base lines are to be taken just prior to starting in that work area.
- Ambient Samples - The following areas are the minimum requirements for ambient air samples, or work samples: 1) Adjacent area: one (1) per area; 2) Negative pressure machines: at least one (1) in the negative air exhaust (if there is more than one machine, rotate the samples each time a new cassette or sample is started at each machine); 3) Containment Area: samples will be collected to assure that all areas of the containment are being sampled during a work shift, care must be taken to assure that there are no dead spaces that are not sampled; 4) Bag-out Area: one (1); 5) Decon Exit: one (1). These samples are to be analyzed at the end of each shift. Once the start date has been met, ambient air samples must be collected during all containment or glove bag preparation. A minimum of one (1) sample for each adjacent area and - depending upon the size of the work area - at least (1) sample in every work area shall be taken each day. These are to be approximately 1250 liters per sample each. When feasible there should be a set of samples taken during the morning shift and the evening shift.
- Aggressive Clearance Samples - Depending upon the size of the containment area, no less than one (1) sample shall be taken and more may be required. All sample volumes shall be no less than 1250 liters per sample.
- The Project Manager/Air Monitor Technician (PM/AMT)must remain on site while the all samples are running unless access to the regulated area can be controlled.
- The Project Manager assigned to this project has the express permission to conduct visual clearance and to take the above specified clearance sampling.
- All daily samples are to be taken using 25 mm cassettes with 0.8 mixed cellulose ester (MCE) filter. These samples are to be analyzed according to the NIOSH 7400 protocol following the counting rules using a Phase Contrast Microscope.
- Samples are to be analyzed at the end of each shift and results made available to the Abatement Contractor. Should the results of any samples outside the containment area be above the clearance level of 0.010 f/cc, work is to be suspended, and the consultant notified. All corrective action is to be documented. Should it be discovered that there has been a breech; the area where the breech occurred is to be completely cleaned using a HEPA vacuum and wet wipe with a detergent solution.
- These are the minimum air monitoring requirements. Should, during the course of the project, the PM/AMT see the need for additional sampling they are to proceed and notify the Consultant for approval.

- Personal samples - Individual workers shall be monitored throughout each shift during work activities. Sample analysis shall be provided and posted at the job site on a daily basis. These samples are the sole responsibility of the Abatement Contractor.
- All sampling protocols and laboratory analysis shall comply with the US EPA 40 CFR Part 61 Subpart M and the OSHA 29 CFR 1926.1101.

1.5.5 LOCAL REQUIREMENTS

If local requirements are more stringent than federal or state standards, the local standards are to be followed.// INCLUDE A COPY OF DSHS ASBESETOS ABATEMENT REGULATIONS

1.5.6 STANDARDS

A. Standards which govern asbestos abatement activities include, but are not limited to, the following:
   1. American National Standards Institute (ANSI) Z9.2-79 - Fundamentals Governing the Design and Operation of Local Exhaust Systems and ANSI Z88.2 - Practices for Respiratory Protection.
   2. Underwriters Laboratories (UL) 586-90 - UL Standard for Safety of HEPA Filter Units, 7th Edition.

B. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:
   1. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.
   2. NFPA 101 - Life Safety Code

C. Contractors are responsible for having applicable standards as part of submittals and onsite during the abatement process.

1.5.7 EPA GUIDANCE DOCUMENTS

A. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference. EPA publications can be ordered from (800) 424-9065.
B. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024
C. Asbestos Waste Management Guidance EPA 530-SW-85-007
D. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001
E. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

1.5.8 NOTICES

A. State and Local agencies: Send written notification as required by state and local regulations including the local fire department prior to beginning any work on ACM as follows:
B. Copies of notifications shall be submitted to the VA for the facility's records in the same time frame notification are given to EPA, State, and Local authorities.

1.5.9 PERMITS/LICENSES

A. The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, State, and Local regulations.